

VOICE

E-Newsletter of DY Patil International School, Nerul

Counsellor's Chronicles

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**"Children must be taught how to think,
not what to think."**

~Margaret Mead

Counsellor's Chronicles

The Art of Listening

Listening is a part of soft skills that adds value and quality to the personality and portfolio. It enhances the team player profile and establishes empathetic leadership qualities. It is important to master the art of listening for quality growth of individuality and in careers.



You learn
when you
listen. You
earn when
you listen,
not just
money, but
respect.

Harvey Mackay



Listening is connected deeply with the development of patience, humility, empathy and any clinical shortcomings do not affect the qualities of a true listener. It is said that the word LISTEN contains the same letters as SILENT. The underlying philosophy effectively communicates the power that listening nurtures.

A close-up photograph of a hand holding a white rectangular sign. The sign has a grey border and contains the text "A GOOD LEADER IS A GOOD LISTENER" in a sans-serif font. "A GOOD" and "IS A GOOD" are in white, while "LEADER" and "LISTENER" are in a dark blue color. The background is a blurred blue and white.

A GOOD
LEADER
IS A GOOD
LISTENER



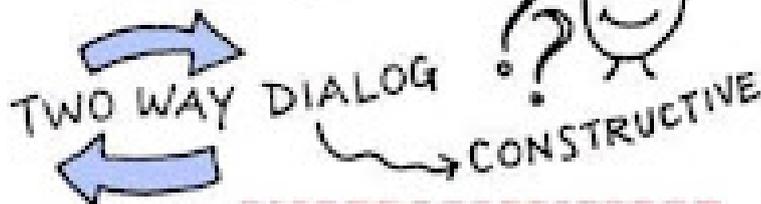
How productive are good listeners? What is their contribution? This infographic celebrates the empowerment quotient that is associated with this particular skill.

HBR

WHAT GREAT LISTENERS ACTUALLY DO

JACK ZENGER, JOSEPH FOLKMAN

- 1 ASK QUESTIONS THAT PROMOTE DISCOVERY and INSIGHT



- 2 INTERACTIONS THAT BUILD SELF ESTEEM

↓
CREATE A SAFE

ENVIRONMENT

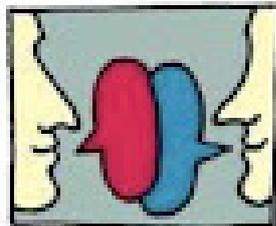
TO OPENLY DISCUSS ISSUES/ DIFFERENCES



- 3 A CO-OPERATIVE CONVERSATION

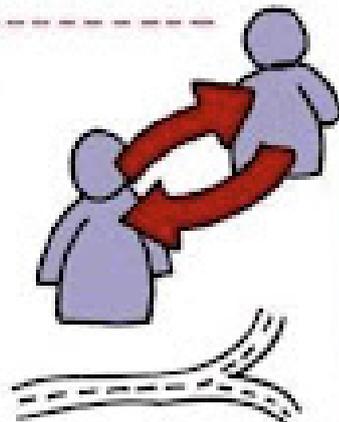
FEEDBACK FLOWS
IN BOTH DIRECTIONS

CHALLENGE/ DISAGREE
WITHOUT MAKING OTHER
PERSON DEFENSIVE



- 4 MAKE SUGGESTIONS SKILLFULLY

↓
THAT OPEN UP
ALTERNATIVE
PATHS



LEVELS OF LISTENING

- 1 CREATE A SAFE ENVIRONMENT TO DISCUSS
- 2 CLEAR AWAY DISTRACTIONS AND MAKE EYE CONTACT
- 3 UNDERSTAND THE SUBSTANCE ASK QUESTIONS, CONFIRM
- 4 OBSERVE NON-VERBAL CLUES
↳ 80% OF COMMUNICATION
- 5 UNDERSTAND EMOTIONS & FEELINGS ABOUT TOPIC
↳ EMPATHIZE
- 6 HELP OTHER PERSON TO SEE ISSUE IN DIFFERENT LIGHT



Focus

PROFESSIONAL LISTENERS!!

The focus this month is on a particular career that requires one to be a patient listener for optimal significance and success. Every profession requires one to be a listener, but for a Wellness therapist, this skill is the foundation stone.



To be a Mental Health Counsellor , a Master's Degree in Psychology (Applied/ Counselling) is mandatory along with clinical training and associated coursework. Any stream in Grade 12 with Psychology is a great beginning for this career, although a Biology centric Science stream adds that extra advantage of understanding the neurological and physiological components of the concerned subject .License to practice and associated certifications are also required .



DYPIS UG Orientation

It feels ... as though doors were opening all over the world... It's bigger, somehow, the world.

louise fitzugh QUOTESTATS.COM

It was the first offline University orientation for the IBDP 1 and AS Level, after the pandemic. The 14th March afternoon session was extra special, for it was held on the school campus. The attendance, enthusiasm and curiosity were elevated and reinforced the spirit of normalcy in our lives .





The 30 minute orientation included an insightful overview of BI Norwegian Business School , together with a detailed understanding of the Bachelor courses, the eligibility rubrics and the possible lifestyle changes that such a selection will initiate. The students were suitably enriched.





WHEN YOU TALK, YOU ARE ONLY REPEATING WHAT YOU ALREADY KNOW. BUT IF YOU LISTEN, YOU MAY LEARN SOMETHING NEW.

DALAI LAMA



Happy Reading!



Team DYPIS